



AUBRAC

The never-ending perspectives of Aubrac

At the heart of the mountainous region of Aveyron, stretching out towards distant horizons, the volcanic plateau of Aubrac unfolds towards the infinite. A magical land where the changing light dramatically sculpts the landscape and the rocks, creating an ambiance that is at once unique and surprising for the visitor. The former country of volcanoes is now appeased and is a playing field for numerous outdoor activities, in all seasons. AUBRAC. This is a mythical land and when you first see it, you feel like you already know the area: its Michelinstarred chef, its knives, its cheeses, its cows, aligot, transhumance... it is synonymous with freedom, space and purity. You are at the end of the world.



Essential

The Laguiole knife | The Aubrac breed | The burons (stone huts) | The Maison de l'Aubrac | The restaurant run by Michel and Sébastien Bras | The countryside hiking on the Way of St James (GR65) and 4 seasons area | Transhumance festival | Aligot

Tourist Offices

OT AUBRAC LAGUIOLE CARLADEZ VIADÈNE 12210 Laguiole Tel.: +33 (0)5 65 44 35 94 12470 Saint-Chely d'Aubrac Tel.: +33 (0)5 65 44 21 15 www.aubrac-laguiole.com 12420 Argennes en Aubrac Tel.: +33 (0)5 65 66 19 75 www.argennes-tourisme-aubrac.com 12460 Saint-Amans-des-Côtes Tel.: +33 (0)5 65 44 81 61 www.aubrac-viadene.com

OT DES CAUSSES à l'AUBRAC 12130 Saint-Geniez-d'Olt et d'Aubrac Tel.: +33 (0)5 65 70 43 42 12130 Sainte-Eulalie d'Olt Tel.: +33 (0)5 65 47 82 68 www.causse-aubrac-tourisme.com



From gorges... to 100 valleys

It is a plateau Highland grove cut by many small valleys (hence its nickname of the land of 100 valleys) and the Aveyron and Viaur gorges. An infinitely varied landscape, which includes Ségala, lower Lot Valley and the Bassin de Decazeville, the Gorges de l'Aveyron, the country Viaur, small Causse. In terms of architecture, diversity is equally striking: small built heritage caselles and dovecotes, medieval walled towns, villages and large farms Ségala fluctuating between Slate and tile bear witness to the industrial past of the Decazeville basin...



ROUERQUE AND THE AVEYRON GORGES



Places to visit, things to do, things to eat

The Fortified Towns of Rouergue | The collegiate church of Villefranche de R. | The thermal baths of Cransac | Bosc Castle, home of Toulouse-Lautrec | Bournazel Castle | The Espace Georges Rouquier | The Animal Park in Pradins | The Way of the Cross by G. Moreau in Decazeville | The industrial heritage of Decazeville | The art and craft centre in Sauveterre-de-R. | The Ségala trades route | The Most Beautiful Villages of France: Belcastel, Sauveterre-de-R., Najac | The Festival en Bastides (fortified town festival) | Tipous



Tourist Offices

OT OUEST AVEYRON 12202 Villefranche-de-Rouergue Tel.: +33 (0)5 65 43 13 18 12270 Najac - Tel.: +33 (0)5 65 29 72 05 12260 Villeneuve d'Aveyron Tel.: +33 (0)5 65 81 79 61 www.tourisme-villefranche-najac.com

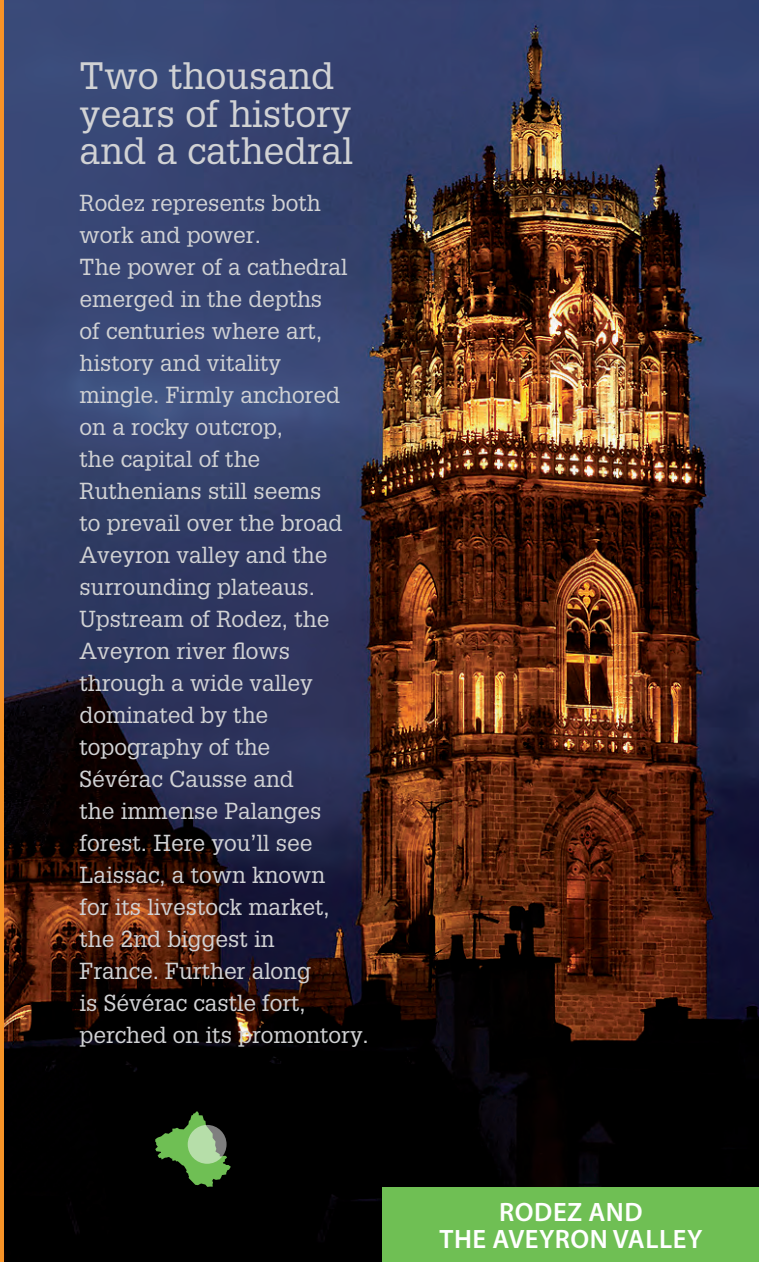
OT DU PAYS SÉGALI 12800 Naucelle Tel.: +33 (0)5 65 67 16 42 12800 Naucelle-Gare Tel.: +33 (0)5 65 67 16 42 www.aveyron-segala-tourisme.com 12160 Baraqueville Tel.: +33 (0)5 67 02 52 www.sauveterre-de-rouergue.fr 12800 Sauveterre-de-Rouergue Tel.: +33 (0)5 67 02 52 www.sauveterre-de-rouergue.fr

OFFICE DE TOURISME ET DU THERMALISME DE DECAZEVILLE COMMUNAUTÉ 12110 Cransac-les-Thermes Tel.: +33 (0)5 65 63 06 80 12200 Decazeville Tel.: +33 (0)5 65 43 18 36 www.tourisme-paysdecavezillois.fr

OT DU PLATEAU DE MONTBAZENS 12220 Montbazens Tel.: +33 (0)5 65 77 94 12220 Peyrusse-le-Roc Tel.: +33 (0)5 65 80 45 33 www.plateau-de-montbazens.com

OT AVEYRON SÉGALA 12240 Rieuppreux Tel.: +33 (0)5 65 60 00 12200 Le Bas Ségala (saisonnier) Tel.: +33 (0)5 65 81 19 94 12400 La Salvette Paroisses (saisonnier) Tel.: +33 (0)5 65 81 88 43 www.tourisme-aveyron-segala.fr

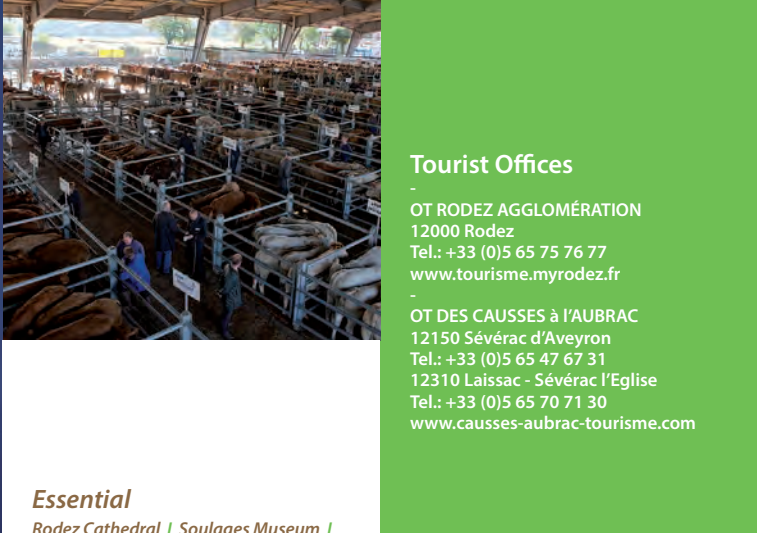
OT DU PAYS RIGNACOIS 12390 Rignac - Tel.: +33 (0)5 65 80 26 04 12390 Belcastel Tel.: +33 (0)5 65 44 46 11 12390 Bournazel (juillet-août) Tel.: +33 (0)5 65 64 16 60 www.tourisme-pays-rignacois.com



Two thousand years of history and a cathedral

Rodez represents both work and power. The power of a cathedral emerged in the depths of centuries where art, history and vitality mingle. Firmly anchored on a rocky outcrop, the capital of the Ruthenians still seems to prevail over the broad Aveyron valley and the surrounding plateaus. Upstream of Rodez, the Aveyron river flows through a wide valley dominated by the topography of the Séverac Causse and the immense Palanges forest. Here you'll see Laissac, a town known for its livestock market, the 2nd biggest in France. Further along is Séverac castle fort, perched on its promontory.

RODEZ AND THE AVEYRON VALLEY



Essential

Rodez Cathedral | Soulaiges Museum | The Menhir statues of the Fenaille Museum | Rodez 18-hole golf course | Laissac livestock market | The Dolmens of the Upper Aveyron Valley (Buzens) | Séverac Castle and its Sound and Light show | The inter-regional Festival of Occitan Cultures: Estivada | Mountain bike racing: the Roc Laissagis



inAveyron



CARLADEZ AND LA TRUYÈRE GORGES

Between two worlds

Imagine a plateau cut by two mighty rivers: that's the Carladéz.

In the extreme north of Aveyron, it hesitates between Rouergue and Auvergne, between the Cantal Mounts and the first southern chestnut groves.

Here, the Salers cows are reared as well as Aubrac cows and people enjoy truffles as much as aligot... and families walk together on the Sentiers de l'Imaginaire (paths of the imaginary).

Three large hydroelectric dams have been built over the Truyère: Sarrans, montézie and Couesque. These reservoirs, remarkable in many ways, have made it possible for the area to offer a diverse range of tourist attractions, and develop a famous fishing destination... and they're also a model of low environmental impact.



Things to see, things to do

Laussac Peninsula | The dams and hydroelectricity: Lake Sarrans | The Sites of Bes-Bédène, Le Saut du Chien and Thénières | The Paths of Imagination | Vallon Castle | An exceptional mineral collection: Miner'Aubrac | The former fiefdom of the Princes of Monaco: Barrez Wall | Well-being: Natura Fitness | Fishing for carnivorous fish

Tourist Offices

OT AUBRAC LAGUIOLE CARLADEZ VIADÈNE 12600 Mur de Barrez Tel.: +33 (0)5 65 66 10 16 www.carladéz.fr 12460 Saint-Amans-des-Côtes Tel.: +33 (0)5 65 44 81 61 www.aubrac-viadene.com

OT TERRES D'AVEYRON 12140 Entraygues-sur-Truyère Tel.: +33 (0)5 65 44 56 10 www.tourisme-entraygues.com



THE LOT VALLEY

The pays d'Olt

Olt, was the name of the River Lot before the French language imposed its law on the Occitans. Fortunately our language triumphed, at least as far as names are concerned. Really, don't you think that Olt sounds better? Separating Aubrac from the rest of the world (well, the south side), the Lot crosses the Aveyron from the east to the west. A lively, powerful river, which has dug deep gorges in the landscape. Upstream, the widest points of the valley saw the establishment of towns along the riverbanks that radiate towards the surrounding plateaus. Saint-Geniez d'Olt, Sainte-Eulalie d'Olt, Saint-Côme d'Olt, Espalion, Estaing, Entraygues at the confluence of the Truyère. All have a remarkable architectural heritage, which reflects the rich history of this valley. Not far away, on the Causse Comtal, Bozouls marks the passage to Haut-Rouergue. Here you'll find one of the most wonderful natural curiosities in Aveyron: Bozouls Canyon.



Essential

The Don au Fel | The Bozouls Canyon | "Discover landscape formation: Terra Memoria" | The Diving Silt Museum | Estaing Castle | The double village: St-Santin | The Cloister in St-Geniez-d'Olt | The Most Beautiful Villages of France: Ste-Eulalie-d'Olt, St-Côme-d'Olt, Estaing | Sailing on the Lot and the L'Olt restaurant boat | Hiking on the Way of St James (GR65) | A fisherman's paradise (carnivorous fish, carp...) | Outdoor hiking festival | Live performance: Hier un village | Estive Festival | The Tango and Musique en vallée d'Olt Festivals | Estafnado



Tourist Offices

OT DES CAUSSES à l'AUBRAC 12130 Saint-Geniez-d'Olt et d'Aubrac Tel.: +33 (0)5 65 70 43 42 12130 Sainte-Eulalie d'Olt Tel.: +33 (0)5 65 47 82 68 www.causse-aubrac-tourisme.com

OT TERRES D'AVEYRON 12500 Espalion Tel.: +33 (0)5 65 44 10 63 www.tourisme-espalion.fr 12190 Estaing - Tel.: +33 (0)5 65 44 03 22 www.tourisme-estaing.fr 12140 Entraygues-sur-Truyère Tel.: +33 (0)5 65 44 56 10 www.tourisme-entraygues.com 12240 Bozouls - Tel.: +33 (0)5 65 48 50 52 www.bozouls.com

OFFICE DE TOURISME ET DU THERMALISME DE DECAZEVILLE COMMUNAUTÉ 12300 Flagnac - Tel.: +33 (0)5 65 63 27 96 www.tourisme-paysdecavezillois.fr

OT DU PAYS DE FIGEAC BUREAU DE CAPDENAC-GARE 12700 Capdenac-Gare Tel.: +33 (0)5 65 64 74 87 www.tourisme-figeac.com



LEVEZOU MOUNTAINS AND LAKES

Things to do, unmissable

Lake Pareloup | The city of insects: Micropolis | Swimming and water sports on the lakes | Fishing for carnivorous fish and carp | Hiking on the Grand Tour of the Mountains and Lakes of Lézéou

Ce document vous est offert par

TOURISME AVEYRON



#AVEYRONEMOTION

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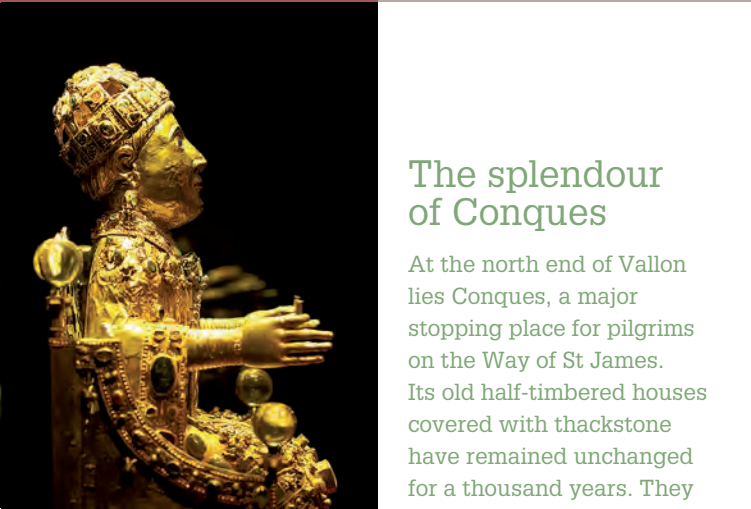


Tourist Offices

OT DE PARELOUP-LEVEZOU 12290 Pont-de-Salars 12780 Saint-Leons 12410 Salles-Curan 12430 Villefranche-de-Panat 12120 Arvieu (juillet et août) Tel.: +33 (0)5 65 46 89 90 www.levézou-aveyron.com



CONQUES AND THE MARCILLAC VALLEY



The splendour of Conques

At the north end of Vallon lies Conques, a major stopping place for pilgrims on the Way of St James. Its old half-timbered houses covered with thickstone have remained unchanged for a thousand years. They stand beside two wonderful UNESCO World Heritage Sites: the Romanesque Abbey Church and its Treasure.

Tourist Offices

OT CONQUES - MARCILLAC 12300 Conques Tel.: +33 (0)5 65 72 85 00 12330 Marcillac Tel.: +33 (0)5 65 71 13 18 www.tourisme-conques.fr



Unmissable

The treasure of Conques | The abbey church and its stained glass windows by Pierre Soulaiges | The Marcillac AOC vineyard | The Most Beautiful Villages of France: Conques | Hiking on the Way of St James (GR65)



ROQUEFORT COUNTRY AND LARZAC

A country of legends...

A great and beautiful tradition built this country and guides men towards their future.

Here, for many centuries, the famous Roquefort cheese was produced and slowly matured in the village's natural cellars. So for how long exactly? This is a difficult question as human life is closely linked to bovine rearing from the earliest ages. Absolute certainty, which serve as proof to the UNESCO world heritage: for 3000 years, together men and sheep roam these lands that they have slowly wrested from the forests, built, meshed with paths, farms and villages. See herds of sheep trail across the Larzac plateau as far as the eye can see. This story, that of the Templars Hospitaliers, the great religious orders and local lordships was built around these first founding elements which are just as alive today.



Essential

Roquefort and maturing caves | The Dourbie Valley and Gorges | Sylvanes Abbey | The house of water: Noria | The Templar and Hospitalier sites of Larzac | "Sur les Rails du Larzac" tourist train | Agro-pastoralism and farm tours | The Most Beautiful Villages of France: La Couvertoriade, Brousse-le-Château | Hiking on the Tour of Templar and Hospitalier Sites in Larzac (GR71 & D) | Les Estivades du Larzac (summer festival)

Tourist Offices

OT DU PAYS DE ROQUEFORT ET DU SAINT-AFFRICAIN 12250 Roquefort-sur-Soulzon Tel.: +33 (0)5 65 58 56 00 www.roquefort-tourisme.fr

OT LARZAC ET VALLEES 12230 Nant 12230 Saint-Jean du Bruel (juillet et août) Tel.: +33 (0)5 65 62 23 64 www.tourisme-larzac.com

OT ROUGIER D'AVEYRON SUD 01770 Belmont-sur-Bance Tel.: +33 (0)5 65 99 93 66 12360 Camarès Tel.: +33 (0)5 65 49 33 76 12280 Saint-Santin-sur-Bance Tel.: +33 (0)5 65 99 29 13 www.tourisme-rougier-aveyron.com

OT DU REQUISTANAIS 12170 Requista Tel.: +33 (0)5 65 46 11 79 www.ot-requistanais.com



MILLAU AND THE TARN GORGES

Stronger, faster, higher!

Above your heads tower tremendous cliffs, crowned by great Causse. The even higher in the sky are the sails of paragliders and the flight of the vultures. The River Tarn runs past you, carrying kayaks along beneath the tallest viaduct in the world. A craving for space? Just steps from the city, you can tackle France's most fabulous playgrounds. By foot, bicycle, while in the air, on the cliffs. A tightrope walking act for a town which is probably the most sporty in France, hosts major sporting events in very in-trend extreme sports and knows, despite all, how to retain the charm and authenticity of a very long history.



Unmissable

Millau Viaduct | Leather and gloves from Millau | Sports activities in the Tarn Gorges | The Most Beautiful Villages of France: Peyre | Outdoor events: Natural Games, Course des Templiers, 100 km de Millau | Trout fishing (Tarn and Dourbie)

Tourist Offices

OT MILLAU GRANDS CAUSSES 12100 Millau Tel.: +33 (0)5 65 60 02 42 12640 Rivière-sur-Tarn Tel.: +33 (0)5 65 59 74 28 48150 Le Rozier Tel.: +33 (0)5 65 60 02 42 www.millau-viaduc.tourisme.fr

OT DU PAYS DE LA MUSE ET DES RASPES DU TARN 12490 Saint-Rome-de-Tarn Tel.: +33 (0)5 62 50 89 www.tourisme-muse-raspes.com



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Blog « à voir, à faire » découvrir.blog.tourisme-aveyron.com

Blog « Déguster » deguster.blog.tourisme-aveyron.com

The Marcillac Valley...

Is a peaceful territory with a difference. Among its red soils and its limestones plateaus lies the AOC Marcillac vineyard. It is mixed with numerous testimonies to a particularly rich history: Romanesque churches, picturesque villages and a considerable amount of chateaus... Perched vineyards, pink houses in the valleys, bursts of pearl from the plateau's mansions, breathtaking panoramas... the Valley will seduce you too.





It is here that Pierre Soulages finds his major inspiration. And from where, the museum dedicated to him today carries the power of French contemporary creation. It is here, in Millau, that the record viaduct takes full swing to the Mediterranean and superbly illustrates the moment frozen in time that Aveyron represents. Take the time!

Vivre Vrai! [Real Living]

The centuries needed to build the cathedral of Rodez, the abbys of Conques and Sylvanès, the fort of Villefranche-de-Rouergue, the high perched villages, the invincible castles and the many Romanesque churches that found their right place in the landscapes. The time of the seasons that add snow on the fallen leaves, the strong summer light on the Rouergiers and the flower abundance in the spring.

This eras and landscapes alchemy was made possible because the progress ambition of the Aveyron respects the balance of things and the richness of the heritage. With the "Vivre Vrai" (Real Living) as its motto, the Aveyron does not cheat, neither on the density of its history, nor on the ability to embrace modernism and make it an asset for development. Welcome in this rigorous and sweet land, hanging from the clouds, bordered by horizons and verticality. I invite you to walk with us for a while and to share the privilege of a human-sized region.

Welcome to Aveyron!



Treasures in every direction
A "UNESCO" heritage

The amazing Millau Viaduct
The magic of the major sites

A country of diversity

Aveyron is a mosaic of natural regions. Each has its own landscape and its own identity, buildings and way of speaking. A few kilometres away, across a valley and around the corner, another world awaits you. The walnut beeches are successors of the beech groves and the groves to the aridity of limestone. What resemblance is there between an opulent residence on fertile land of the Valley and a buron (a stone mountain both)? None, apart from character and authenticity.

- Templar town
- Local market
- Ewes - Causse
- Abbey church
- Grands causses
- Winter - Aubrac
- Millau Viaduct
- A land of good food
- River fishing
- Villefranche-de-Rouergue
- Fortified town
- Buron - Aubrac



inAveyron