

LE LÉVEZOU

DISCOVER AND MOVE



FAMILY WITH

Lézou, a region to be discovered with your **FAMILY**. An ideal place for children, where they can relax with their feet in the water, practice new activities, roam natural areas and pretend to be explorers...



HIKING

HIKING, HORSE RIDING, MOUNTAIN BIKING up to our mountain peaks, the Puech del Pal or the Monseigneur. You can choose amongst the 630 km of marked trails, suitable for all. Get hold of a guidebook or hiking programme at any of the Lézou Tourist Offices

More than 50 itinerary sheets available for the Lézou area, including some that can be downloaded from our website or at rando.parc-grands-causses.fr

3 Bicycle touring road itineraries
Information at the Tourist Office
Tel. +33 (0)5 65 46 89 90

DISCOVERY...

- VISITS**
- A few places to explore in Lézou...**
- A1 Agén-d'Aveyron - MUSEE AU FIL DU RAIL** - Model train museum. Booking required. Fee-paying. Tel. +33 (0)5 65 42 70 60
 - D6 Alrance - TOUR DE PEYREBRUNE** Tel. +33 (0)7 69 79 80 05
+33 (0)5 46 56 56
+33 (0)5 32 46 19 45
lesamisdepeybrune.free.fr
lesamisdepeybrune@yahoo.fr
 - E1 Le Vibot - MAISON CREATIVE** Tel. +33 (0)5 65 46 85 82
Guided tour with a recording of the imaginary world of a blacksmith and an iron sculptor (over 100 characters, such as Gainsbourg, etc.). Fee-paying.
 - E4 Salles-Curan - CHATEAU DE LARGUIES** chateaularguiés@orange.fr
45-min guided tour around the outside of the castle (16th c.), listed on the French Supplementary Historic Monument List, and its gardens. Fee-paying. Group tours available in the mornings, subject to booking.
 - B5 Salmiech - MUSÉE DU ROUERQUE** CHARNOUROL - MUSÉE DE LA VIE RURALE Tel. +33 (0)5 74 23 55
+33 (0)5 76 69 70 72
www.musee-charnourolsalmiech.fr
 - D4 Saint-Sauveur de Grandjeu church** (the altarpiece and pulpit are listed Historical Monuments).
 - E1 Le Vibot**: Homo Faber statue, symbolising "manual labour", standing on the crest of Col d'Aujac, at the gates of Lézou. It represents a man brandishing a hammer as he faces the rising sun, source of light; the hammer gives the worker the power to express himself with his tools.
 - D3 Saint-Georges-de-Camboulès (Village of Pont-de-Salars)**: 12th-century Romanesque church with its priory, sarcophagus and oratory. Located in the Viar valley. Ideal hiking from the village of Pont-de-Salars.
 - G4 Saint-Laurent de Lézou**: Le Puech du Monseigneur rises to 1128 m and offers panoramic views over the Lézou region, the Tarn valley, Causses and Aubrac. It is also a nature site with a protected
- Others...**
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+33 (0)5 32 46 19 45
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lesamisdepeybrune@yahoo.fr
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WATER FUN & WATER ACTIVITIES

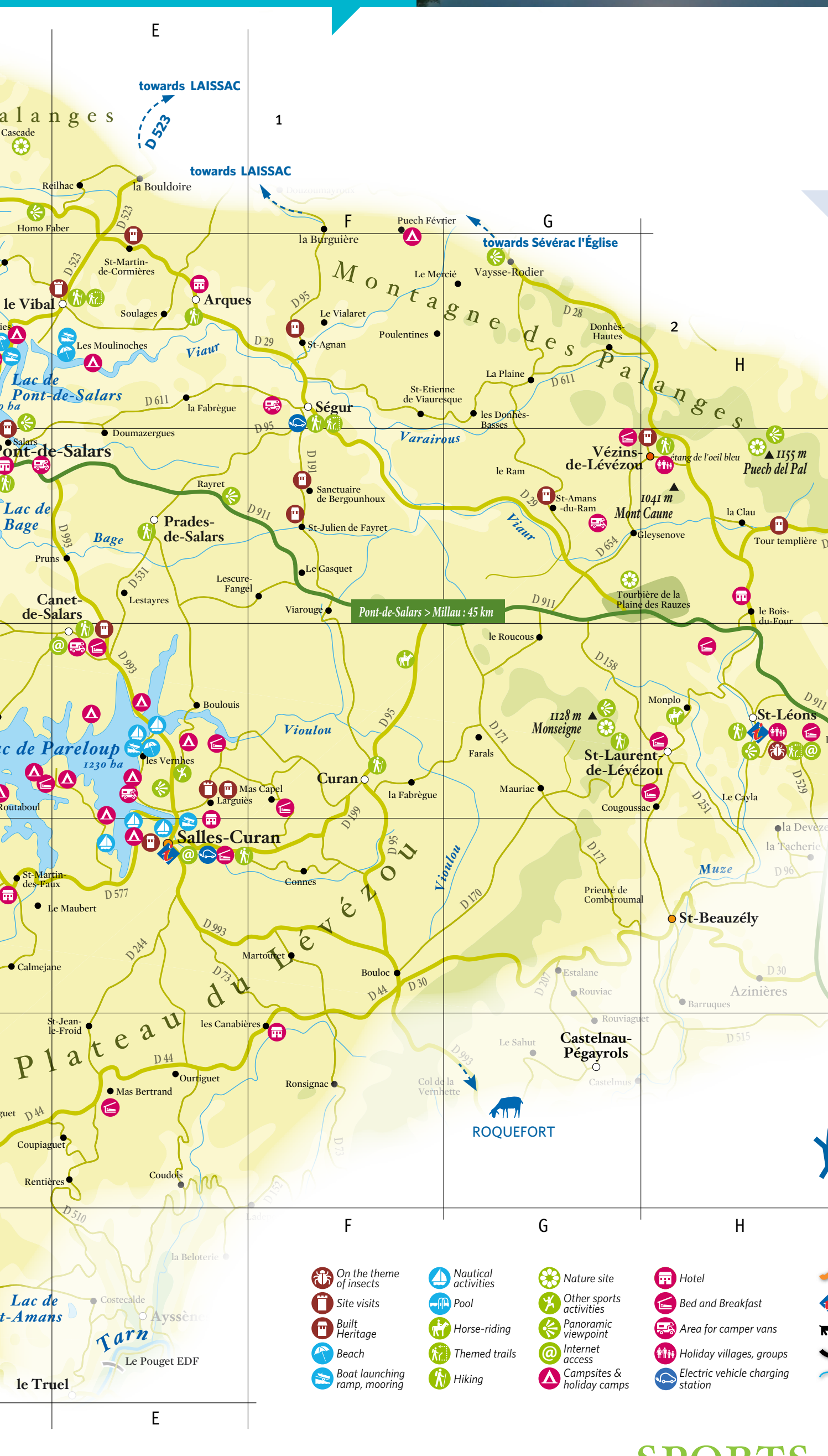
WATER, LAKES, DAMS...
The omnipresent water in the Lézou region represents nearly 1700 hectares of bodies of water, inviting you to swim and practice water-based activities: pedalos, windsurfing, sailing dinghy, canoe, catamaran, paddleboarding etc.



- WATERSPORTS**
- E4 AQUASPLASH PARELOUP** Tel. +33 (0)7 64 26 95 11
+33 (0)6 01 59 54 72
aquasplashpareloup@gmail.com
 - D4 BOAT TRIP** Tel. +33 (0)5 65 46 36 53
 - D4 AQUA/GAMES** Tel. +33 (0)6 75 11 45 87
 - D4 AVIRON CLUB** Tel. +33 (0)6 08 81 82 25
+33 (0)6 07 83 89 29
 - E4 PARELOUP PILOT** - Les Verrières
Watersports Centre 29 route des Verrières Tel. +33 (0)6 17 11 46 15
+33 (0)6 52 00 20 05
contact@pareloup-pilot.fr
 - E4 PARELOUP PILOT** - Les Verrières
Watersports Centre 29 route des Verrières Tel. +33 (0)6 17 11 46 15
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contact@pareloup-pilot.fr
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contact@pareloup-pilot.fr

FISHING THE LAKES AND RIVERS OF LÉVEZOU

MEETING PLACE FOR ANGLERS
Indulge in sport fishing in our streams or travel a few kilometres across the various lakes to do big-game fishing...
Enjoy time with family and tease the fish!



- SPORTS AND FUN**
- C5 ARVIEU - Pêche Grinch**
CASSANDRA, HORSE RIDDING INSTRUCTOR
Tel. +33 (0)6 49 69 27 54 11
Fee-paying.
 - F4 CURAN - Martialis - LES 2 CHOUETTES EQUESTRIAN FARM** Tel. +33 (0)6 72 84 55 10
Fee-paying.
 - B5 Salmiech - CAPUEVAL - HORSE RIDING AND CAOPIERA SCHOOL** Tel. +33 (0)6 62 25 50 31
+33 (0)6 81 28 50 01
www.capeval.com
 - H4 ST-LÉONS - Monlop**
LES ECURIES DE MONLOP
Tel. +33 (0)6 81 28 50 01
+33 (0)6 79 75 16 07 - Fee-paying.
 - D4 ARVIEU - ELECTRIC BIKE HIRE** Tel. +33 (0)6 47 89 14 14
+33 (0)5 65 59 49 89
campingdomegal@gmail.com
Information and booking: info@levezou-aveyron.com
 - B4 TRÉMOUILLES - Le Bastie LE RANCH** Tel. +33 (0)6 78 80 70 02
+33 (0)6 75 86 60 86
+33 (0)6 74 54 39 33
www.levezou-aveyron.com
https://www.courdesaies.com/ranch-du-levezou/
 - D4 ARVIEU - ATMOSPHERE** Tel. +33 (0)5 65 54 25 90
+33 (0)7 86 45 59 95
contact@atmosphère-montpeller.fr
 - D4 ARVIEU - ELECTRIC BIKE HIRE AT LA FERME DE LACAN** Tel. +33 (0)6 47 22 87
+33 (0)6 86 25 47 77 - Fee-paying.
 - D7 VILLEFRANCHE-DE-PANAT - LA FERME DE LACAN** Tel. +33 (0)6 47 22 87
+33 (0)6 86 25 47 77 - Fee-paying.
 - D7 VILLEFRANCHE-DE-PANAT - LA FERME DE LACAN** Tel. +33 (0)6 47 22 87
+33 (0)6 86 25 47 77 - Fee-paying.

LAND OF WATER & ENERGY

Set off to visit the lakes and hydroelectric complex of Lézou and Les Raspes.
This grand-scale project started after the Second World War, and it was only in 1952 that the reservoirs were filled at last and the power plants began to produce electricity.
There are a whopping 27 km of galleries linking the various sections of the complex together.
The water flows from the Pont-de-Salars reservoir and passes through Bage, Pareloup, Villefranche-de-Panat and St-Anans, before cascading down into the Puech power plant, in the village of Truel 450 metres further down.



- LAND OF WATER & ENERGY**
- TWO DISCOVERY AREAS:**
Dam memoir at the Pareloup Lézou Tourist Office in Pont de Salars. Film and touch tablets. Tel. +33 (0)5 65 46 89 90
 - "Le Pays de l'Or Blanc" digital walk**
Download the Parc Naturel Régional des Grands Causses' digital walking app and travel the complex in a fun way!
Shows/conferences possible for groups.
Julie Duponchel, Les Patriminots
+33 (0)7 64 05 41 75 | patriminots@gmail.com | www.patriminots.com
 - On the Lézou**
AVEYRON PÊCHE ADVENTURE
Tel. +33 (0)6 83 44 77 90
aveyron-peche-adventure.fr
aveyronpecheadventure@yahoo.com
 - PECHE PASSION AVEYRON**
Tel. +33 (0)6 76 41 29 54
pechepassionaveyron.fr
pechepassionaveyron.com
 - PECHE PASSION AVEYRON**
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pechepassionaveyron.com
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pechepassionaveyron.fr
pechepassionaveyron.com

BOAT MOORING

ARVIEU-PARELOUP BEACH
Touneuil d'Arviou Tel. +33 (0)5 65 46 70 06

ANSE DU LAC DE PARELOUP (LAKE COVE)
Tel. +33 (0)5 65 46 89 90

VERNIÈRES BEACH IN SALLES-CURAN
- Salles-Curan Town Hall
Tel. +33 (0)5 65 46 35 21

FISHING

H3 Saint-Léons
LE REAIS DU BOIS-DU-FOUR
Tel. +33 (0)5 65 61 86 17
Fishing in a private lake.

D6 Villefranche-de-Panat
FISHING PONTOON ACCESSIBLE TO PEOPLE WITH DISABILITIES
Gainsbourg Beach.

On the Lézou
AVEYRON PÊCHE ADVENTURE
Tel. +33 (0)6 83 44 77 90
aveyron-peche-adventure.fr
aveyronpecheadventure@yahoo.com

PECHE PASSION AVEYRON
Tel. +33 (0)6 76 41 29 54
pechepassionaveyron.fr
pechepassionaveyron.com

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pechepassionaveyron.com

TOURIST OFFICES

D3 TOURIST OFFICE OF PARELOUP-LÉVEZOU
12300 Pont-de-Salars
Open all years
Tel. +33 (0)5 65 46 89 90

D4 ARVIEU-PARELOUP
12020 Arviou
Tel. +33 (0)5 65 46 89 90

H4 SAINT-LÉONS
12780 Saint-Léons
Tel. +33 (0)5 65 46 89 90

E5 SALLES-CURAN-PARELOUP
12410 Salles-Curan
Tel. +33 (0)5 65 46 89 90

D7 VILLEFRANCHE-DE-PANAT
12430 Villefranche-de-Panat
Tel. +33 (0)5 65 46 89 90

INTERNET ACCESS

C4 Arviou
CYBERSPACE - La Cantou
Hourly rate.
Tel. +33 (0)5 65 46 06 08

E4 Canet-de-Salars
WIFI INTERNET ACCESS
L'Oustal Bar - Free
Tel. +33 (0)5 65 46 83 83

D3 Pont-de-Salars
WIFI INTERNET ACCESS
Pareloup Lézou Tourist Office - Free
Tel. +33 (0)5 65 46 89 90

H4 St-Léons
WIFI INTERNET ACCESS
Tourist Office - Free
Tel. +33 (0)5 65 61 80 52

D7 Villefranche-de-Panat
CYBER SPACE WITH WIFI
HOT SPOT
Tourist Office
Espace Panatois - Free
Tel. +33 (0)5 65 46 46 53

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12300 Pont-de-Salars
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